

Starfish[★] Coaching & Consulting

PARTNERSHIPS

One Session Strengths Discovery

This session includes the assessment and full 34 Clifton Strength report. This is a dynamic and insightful session to help individuals uncover and harness their unique talents and strengths. Through open dialogue and interactive exercises, individuals gain a deeper understanding of their strengths and learn how to leverage them to excel in various aspects of their lives. This session empowers individuals to embrace their innate abilities and apply them effectively to achieve their goals and find fulfillment.

Multi-Session Packages

The first session is the Strengths Discovery session as described. The remaining sessions are designed to help individuals achieve their personal or professional goals with the guidance of a coach. These sessions are tailored to the specific needs and objectives of the client and may cover topics such as career development, leadership skills and personal growth. Sessions are held virtually through zoom and can be scheduled weekly, biweekly or monthly to fit the client's schedule.

Coaches assist clients in setting clear, specific goals and creating action plans to achieve them, fostering a goal-oriented approach that increases the likelihood of success. The self-awareness of Clifton Strengths leads to personal growth and a deeper understanding of one's self and how to leverage natural talents and strengths to reach life-long goals.

TERI Smiley

28+ Years as Chamber President
Certified Gallup Clifton Strengths Coach
John Maxwell Certified Team Member



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