

Team Building

Team building is of utmost importance in any organization or group, as it lays the foundation for a cohesive and high-performing team. It involves activities and strategies that promote collaboration, communication, and trust among team members. The significance of team building lies in its ability to foster strong interpersonal relationships and a positive work environment.

Time - 30 Minutes-1 Hour

- The Name Game
- Blindfold Line-up
- Trust Walk
- Hula-Hoop Connections
- Who am I?
- The Human Knot
- Cross the River
- Suddenly Improv
- 3 Question Mingle

Time - 2 - 3 hours

- Scavenger Hunt
- Mini Olympics

Team Building Activities

Time - 1.5 - 2 hours

- The Marshmallow Challenge
- Saboteur/Replica Challenge
- Build a Bridge Challenge
- Traffic Jam Challenge
- Flip Chart Introductions
- Solve a Mystery

Personal Assessment Options

- CliftonStrengths
- M.I.N.D. Design
- Social Styles

Customize Your Team Building Experience

Here are some team building activities we provide to facilitate better team bonding, enhance communication and collaboration, and foster trust within your group. The longer challenges will concentrate on teamwork in smaller groups. The duration of these activities will be adjusted based on the size of your team. We will collaborate with you to personalize the activities to align with your specific goals and desired outcomes.

The mission of Starfish Partnerships is simple - To make difference in the lives of others, one person at a time.



Teri Smiley